

Participants Needed for Spinal Cord Injury Research

Purpose of research

To learn more about the role of physical activity on physical health and quality of life following SCI.

Required participants must:

- be 18-50 years old.
- have traumatic SCI at or above T6 level.
- be 1-10 years post injury.
- be willing to spend a few hours over 2 days for exercise testing.

Benefits

You will have the opportunity to learn about **your fitness levels** (including cardiovascular endurance, muscle strength and body composition).

Participation is voluntary.

Research study has received ethics approval from Review Ethics Board of the University of Regina & Regina Qu'Appelle Health Region.

For more information regarding participation, please contact

Tarun Arora
arora20t@uregina.ca
(306) 999 1452

Kerri Staples
kerri.staples@uregina.ca